

## SECTION G. BODY SIZE AND PHYSICAL ACTIVITY

Now I have some questions about your height, weight, and exercise.

G1. When you were 20 years old, how tall were you without shoes?

|\_|/|\_|\_|  
FT./INCHES

G2. One year prior to (REFERENCE DATE), how tall were you?

|\_|/|\_|\_|  
FT./INCHES

CHECK RESPONDENT'S AGE (A2).  
ASK G3a-G3f AS APPROPRIATE.

G3.	(Not counting times when you were pregnant or nursing), how much did you weigh when you were (AGE)?
a.	20 years old   _ _ _  POUNDS
b.	30 years old   _ _ _  POUNDS
c.	40 years old   _ _ _  POUNDS
d.	50 years old   _ _ _  POUNDS
e.	60 years old   _ _ _  POUNDS
f.	70 years old   _ _ _  POUNDS

G4. One year prior to (REFERENCE DATE), how much did you weigh ?

|\_|\_|\_|  
POUNDS

G5. Most people use one hand more than the other. Which hand do you use most of the time?

RIGHT ..... 1  
LEFT ..... 2  
BOTH EQUALLY ..... 3

G6. Have you ever participated in any physical activities or exercises on a regular basis - that is, for at least 1 hour per week for 3 months or more in any year?

SHOW  
CARD  
G6

YES ..... 1  
NO ..... 2 (SECTION H)

WHEN ACTIVITIES WERE DISCONTINUED AND THEN BEGUN AGAIN LATER, CODE EACH INTERVAL OF AN ACTIVITY SEPARATELY SO THAT ACTIVITY PATTERNS AT VARIOUS AGES CAN BE EVALUATED. SEASONAL ACTIVITIES DONE CONTINUOUSLY (E.G., TRACK EVERY SPRING FOR FOUR YEARS) CAN BE LISTED ONCE.

[illegible]

**ASK G7-G11 FOR ONE EXERCISE EPISODE BEFORE ASKING ABOUT NEXT EPISODE.**

	G7. In what activity did you next participate on a regular basis?	G8. Looking at the calendar, at what age did you <u>start</u> (ACTIVITY) regularly?	G9. At what age did you <u>stop</u> (ACTIVITY)?	G10. For how many years did you (ACTIVITY) regularly?  For how many months each year did you do this?	G11. On average, about how many hours per week did you actually (ACTIVITY)?
7TH		<div> <div> <div></div> <div></div> <div></div> </div> <div>AGE</div> </div>	<div> <div> <div></div> <div></div> <div></div> </div> <div>AGE</div> </div>	<div> <div> <div></div> <div></div> <div></div> </div> <div>YEARS</div> </div> <div> <div> <div></div> <div></div> <div></div> </div> <div>MONTHS PER YEAR</div> </div>	<div> <div> <div></div> <div></div> <div></div> </div> <div>HOURS</div> </div> <div> <div> <div></div> <div></div> <div></div> </div> <div>MIN</div> </div> <div>PER WEEK</div>
8TH		<div> <div> <div></div> <div></div> <div></div> </div> <div>AGE</div> </div>	<div> <div> <div></div> <div></div> <div></div> </div> <div>AGE</div> </div>	<div> <div> <div></div> <div></div> <div></div> </div> <div>YEARS</div> </div> <div> <div> <div></div> <div></div> <div></div> </div> <div>MONTHS PER YEAR</div> </div>	<div> <div> <div></div> <div></div> <div></div> </div> <div>HOURS</div> </div> <div> <div> <div></div> <div></div> <div></div> </div> <div>MIN</div> </div> <div>PER WEEK</div>
9TH		<div> <div> <div></div> <div></div> <div></div> </div> <div>AGE</div> </div>	<div> <div> <div></div> <div></div> <div></div> </div> <div>AGE</div> </div>	<div> <div> <div></div> <div></div> <div></div> </div> <div>YEARS</div> </div> <div> <div> <div></div> <div></div> <div></div> </div> <div>MONTHS PER YEAR</div> </div>	<div> <div> <div></div> <div></div> <div></div> </div> <div>HOURS</div> </div> <div> <div> <div></div> <div></div> <div></div> </div> <div>MIN</div> </div> <div>PER WEEK</div>
10TH		<div> <div> <div></div> <div></div> <div></div> </div> <div>AGE</div> </div>	<div> <div> <div></div> <div></div> <div></div> </div> <div>AGE</div> </div>	<div> <div> <div></div> <div></div> <div></div> </div> <div>YEARS</div> </div> <div> <div> <div></div> <div></div> <div></div> </div> <div>MONTHS PER YEAR</div> </div>	<div> <div> <div></div> <div></div> <div></div> </div> <div>HOURS</div> </div> <div> <div> <div></div> <div></div> <div></div> </div> <div>MIN</div> </div> <div>PER WEEK</div>
11TH		<div> <div> <div></div> <div></div> <div></div> </div> <div>AGE</div> </div>	<div> <div> <div></div> <div></div> <div></div> </div> <div>AGE</div> </div>	<div> <div> <div></div> <div></div> <div></div> </div> <div>YEARS</div> </div> <div> <div> <div></div> <div></div> <div></div> </div> <div>MONTHS PER YEAR</div> </div>	<div> <div> <div></div> <div></div> <div></div> </div> <div>HOURS</div> </div> <div> <div> <div></div> <div></div> <div></div> </div> <div>MIN</div> </div> <div>PER WEEK</div>
12TH		<div> <div> <div></div> <div></div> <div></div> </div> <div>AGE</div> </div>	<div> <div> <div></div> <div></div> <div></div> </div> <div>AGE</div> </div>	<div> <div> <div></div> <div></div> <div></div> </div> <div>YEARS</div> </div> <div> <div> <div></div> <div></div> <div></div> </div> <div>MONTHS PER YEAR</div> </div>	<div> <div> <div></div> <div></div> <div></div> </div> <div>HOURS</div> </div> <div> <div> <div></div> <div></div> <div></div> </div> <div>MIN</div> </div> <div>PER WEEK</div>